

Activities & Civic Service Event

Do a Good Turn Daily



Activity Title:	Alternative Foods Potluck
Who should attend:	All are Welcome! All Ages, All Cultures, Everyone
Date(s) of event:	September 21, 2018
Time:	2:00 p.m. to 5:00 p.m.
Location w/address:	1207 Upas Street, San Diego, CA 92103, Atherton Hall
Cost:	Zero, just bring a dish to share or a recipe
Registration:	None required

Specific details: Please join us for a fun filled potluck, where we can share our menu items with each other.
(training pre-requisites, uniform of the day if any, equipment required, etc.)

Our focus will be a discussion on food restrictions and alternative menu items.

Please bring items that may be especially good for camp outs.

We will share a meal and stories about great alternatives to meet our dietary needs.

Many of us are affected by allergies, as well as intolerance to various foods. Some of our preferences are based on religious or cultural needs.

Bring your labelled dish or a recipe to share: Gluten Free; Vegan; Vegetarian; Lactose Free; Nut Free; Soy Free; etc...

All ages and cultures are welcomed.

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