

BSA SDIC Wave Rider Award



The San Diego-Imperial Council, BSA Wave Rider award introduces Scouts to the basics of board surfing, body surfing, and/or body boarding in the Pacific Ocean including skills, equipment, and safety precautions along the San Diego County coastline. This award also encourages Scouts to develop additional wave riding skills that promote fitness and safe aquatics recreation.



BOY SCOUTS OF AMERICA[®]
SAN DIEGO-IMPERIAL COUNCIL

Prepared. For Life.[™]

BSA SDIC Wave Rider Award



- **Overview** – The wave rider award program is unique to the San Diego-Imperial Council. This award is designed for Boy Scouts of appropriate fitness and skill for safe activity in the ocean. Scouts are expected to be supervised by qualified personnel. Instruction in the skills of wave riding can be provided by an NSSIA certified instructor. A person experienced in one or more of the wave riding sports may serve as a counselor in an area under the supervision of local lifeguards, such as San Diego City Lifeguards or under the supervision of a certified BSA Aquatics Instructor.

- **Who** – Any youth or adult who is registered with a troop, ship, or crew and completes the requirements is eligible for a patch and recognition card, available from the San Diego-Imperial Council Service Center.
- **What** – Awardees should demonstrate knowledge of Safe Swim Defense, safe ocean conditions, appropriate equipment for the sport, care of this equipment, and some proficiency for the appropriate wave riding sport. Instruction for BSA Wave Riding is to be conducted under safe ocean conditions within swimming distance of shore. The conditions should be clear from local lifeguard and National Weather Service reports of ocean conditions. Counselors are expected to supplement the material with their own knowledge and resources. All counselors must be trained in BSA Safe Swim Defense and be CPR and First Aid certified.
- **Where** – This award is intended for beaches in San Diego County that are under the supervision of local lifeguards, such as San Diego City Lifeguards.
- **When** – Conditions for beginners in wave riding are best during the summer months when ocean conditions are deemed by local lifeguards to be safe.
- **How** – For those with experience, review of requirements, instruction, and performance should be completed in one to three hours. For those with no skills, additional time is likely required.
- **How to obtain your patch** – Patches can be purchased at the Council Service Center. You will need to bring in your Certificate of Completion to make your purchase.



SDIC BSA

Wave Rider Award Application

Name of applicant		
Address		
City	State	ZIP code
Council name		Council number
Unit type		Unit number
Name of counselor*	Qualification	
Counselor signature signifies that applicant has completed all requirements		Date

Requirements

1. Review BSA Safe Swim defense. Explain to your instructor how this applies to riding waves in the ocean off of San Diego coastline
2. Before fulfilling the requirements, successfully complete the BSA swimmer test at an appropriate facility.
3. Explain several hazards in the ocean including: rip currents, submerged reefs and sandboards, sting rays, jelly fish, and rockslides from unstable cliffs.
4. Describe the flags used by area lifeguards to indicate the following: swimming only, board surfing only, rip currents, contaminated water.
5. Name and point out the following and explain their proper use and care and how they protect you in the water:
 - A. Wet suit
 - B. Rash guard
 - C. Sun block
 - D. Ear plugs
6. Name and point out the following for one of the three wave riding sports. Explain their proper use and care:
 - A. Board Surfing
 - A. Surfboard
 - B. Surf wax
 - C. Comb Leash
 - B. Body Boarding
 - A. Bodyboard
 - B. Leash
 - C. Body Surfing
 - A. Swim Fins
 - B. Hand Plane
7. With supervision from your instructor demonstrate the following for one of the three wave riding sports:
 - A. Board Surfing
 - A. Duck Dive or Turn Turtle,
 - B. Paddle out, turn and catch a wave,
 - C. Kick out safely.
 - B. Body Boarding
 - A. Paddle out, turn and catch a wave
 - B. Kick out or dive out safely.
 - C. Body Surfing
 - A. Swim out through the break
 - B. Catch a wave,
 - C. Dive out safely